RESET MALDIVES RETREAT — INFORMATION GUIDE

11–19 May 2027 · 9 Days / 8 Nights · Laamu Atoll & Maafushi, Maldives

An intimate, personally hosted retreat limited to 20 guests (minimum 10 to proceed). Prices, deadlines and policies on resetmaldivesretreat.com are the current official version and take precedence over this guide.

Overview

Nine days, two beautiful Maldivian islands and a small group ready to explore, unwind and enjoy everything this destination offers — snorkelling, island life, morning Zumba, beach yoga, ocean adventures and plenty of time to relax.

Accommodation

First 5 nights — Nazaki Beach Hotel, Gan Island, Laamu Atoll, Maldives. Beachfront accommodation.
Final 3 nights — Arena Beach Hotel, Maafushi Island, Kaafu Atoll, Maldives. Beachfront accommodation.
Room sharing: triple share, twin share or private room. Room matching is available for solo travellers.

Day-by-day itinerary

Day 1 — Arrive in the Maldives. Airport meet and greet, transfer to Laamu Atoll, time to settle in, then a welcome dinner together. Domestic flight schedules and transfers will be confirmed closer to departure.

Day 2 — Snorkelling & sandbank. Start with optional morning movement on the beach, then head out for the first of two Laamu snorkelling excursions and a stop at a sandbank.

Day 3 — Gan Island, dolphins & fishing. Optional morning movement, time to explore Gan Island, then a late-afternoon dolphin-watching and fishing excursion. Wildlife sightings depend on conditions and are never guaranteed.

Day 4 — Sea Life & sandbanks. Optional morning movement, the second Laamu snorkelling excursion, then a packed picnic lunch at Baresdhoo. Wildlife encounters depend on conditions and season.

Day 5 — Island life & culture. Optional morning movement, a relaxed afternoon to enjoy at your own pace, then a Maldivian cultural dance and Boduberu celebration dinner.

Day 6 — Travel day & Maafushi. Transfer from Laamu Atoll to Maafushi, arrival, beach time and dinner. Domestic flight schedules and transfers will be confirmed closer to departure.

Day 7 — Excursion Day. A full ocean day with multiple snorkel stops. Manta encounters are possible where season and conditions permit — never guaranteed.

Day 8 — Reset & celebrate. Sleep in, swim, book a massage, or join Zumba on the beach. Evening sunset cruise followed by a farewell dinner together.

Day 9 — Departure. Breakfast, final swim if timing allows, transfer to the airport. Transfer timings will be confirmed closer to departure.

Included — Stay

- 8 nights accommodation across two Maldivian islands
- 5 nights at Nazaki Beach Hotel, Gan Island, Laamu Atoll
- 3 nights at Arena Beach Hotel, Maafushi Island, Kaafu Atoll
- Comfortable accommodation with easy access to the beach and island life

Included — Eat

- Three delicious meals daily — breakfast, lunch and dinner*
- A mix of Maldivian specialities and other dishes
- Taste authentic Maldivian short eats (hedhikaa) and traditional island flavours

- Enjoy fresh tropical fruits, coconuts and local delicacies
- Special welcome dinner and Maldivian cultural celebration dinner

Included — Explore

- Snorkelling vibrant coral reefs
- Discover incredible marine life: dolphins, reef sharks, rays and sea turtles
- Experience the beauty of a pristine Maldivian sandbank
- Explore the island where scenes from Star Wars: Rogue One were filmed

Included — Move

- Sunrise beach yoga sessions
- Zumba and dance-fitness on the sand
- Optional beach movement and stretch sessions
- Everything is optional — join what you feel like

Included — Experience

- Authentic Maldivian cultural experiences with local hosts
- Traditional Maldivian fishing experience
- Savour authentic Maldivian dishes and traditional short eats
- Free time to relax, unwind and do absolutely nothing

Included — Connect

- Small group of no more than 20 guests
- Welcome dinner and farewell dinner
- Pre-retreat group chat so you arrive knowing faces
- A Maldivian-born host with you throughout

Included — Transport

- Domestic flight Malé — Laamu Atoll (schedule confirmed closer to departure)
- Speedboat and ferry transfers between islands
- All excursion boat transfers
- Airport meet and greet on arrival

Not included

- International flights to and from Malé
- Travel insurance (required for all guests)
- Visa costs, if applicable to your passport
- Alcohol and personal beverages
- Spa treatments and optional add-on excursions
- Tips, souvenirs and personal expenses
- Any meals marked as own-arrangement in the itinerary

Package prices (USD, per person)

Package	Price per person
Triple Share	USD $1,899
Twin / Double Share	USD $2,099
Private Room	USD $2,599

Deposit and payment schedule

Payment	Due	Detail
Deposit	At booking	USD $400 per person, non-refundable
Payment 1	10 December 2026	One third of your remaining balance
Payment 2	10 January 2027	One third of your remaining balance
Payment 3	10 March 2027	Final third of your remaining balance

Every guest follows this schedule. You're welcome to pay early or pay in full at any time. If you book after a payment date has passed, those earlier payments are due straight away. Standard bookings close 15 February 2027 (11:59 pm Brisbane time).
Final booking deadline: 15 February 2027, 11:59 pm Brisbane time (AEST). Payments are in USD; other currencies on the website are estimates only.

Flights and international travel

The domestic flight between Malé and Laamu Atoll and island transfers are included; schedules are confirmed closer to departure. International flights to Malé (MLE) are not included. Check passport validity and entry requirements for your nationality. We recommend waiting until the retreat has been officially confirmed before purchasing non-refundable international flights.

Travel insurance

All guests are required to arrange their own comprehensive travel insurance for the duration of the retreat. Travel insurance is not included in the retreat price.

Suggested packing list

- Swimwear, rash vest and reef-safe sunscreen
- Light, modest clothing for local islands (shoulders and knees covered away from the bikini beach)
- Hat, sunglasses and a light cover-up
- Comfortable activewear and trainers for yoga and dance fitness
- Water shoes or sandals, a reusable water bottle
- Personal medication, insect repellent and a small first-aid kit
- Passport, insurance details and a universal power adaptor

Frequently asked questions

How do I secure my place?
Complete the booking form and pay your USD $400 per person deposit. Your place is held for a short time while you pay, and is confirmed once your deposit has been verified. The group is capped at 20 guests; when it is full, you can join the waitlist.

When do bookings close?
Standard online bookings close at 11:59 pm Brisbane time (AEST) on 15 February 2027, or earlier if all 20 places are filled. After that you can join the waitlist or enquire about availability; late bookings need Mal's approval and depend on accommodation and supplier availability. If you book after a payment date, those earlier payments are due at booking. If you book from 11 January 2027, the standard cancellation deadline has already passed — please read the Cancellation & Refund Policy first.

Can I transfer my booking to someone else?
Transfers can be requested on or before 15 February 2027 and need our written approval, a compatible room arrangement and acceptance of the booking terms by the new guest. Any genuine airline or hotel name-change charges apply. After 15 February 2027 transfers aren't guaranteed, because domestic flights are expected to be booked after that date.

Can I pay in instalments?
Every guest follows the same plan: a USD $400 deposit at booking, then the remaining balance in three payments due 10 December 2026, 10 January 2027 and 10 March 2027. You can pay early or in full at any time.

Are flights included?
International flights are not included. The domestic flight between Malé and Laamu Atoll is included. Domestic flight schedules and transfers will be confirmed closer to departure.

When should I book my flights?
We recommend waiting until the retreat has been officially confirmed before purchasing non-refundable international flights. The retreat needs a minimum of 10 paying guests, and the decision is made by 15 January 2027.

Where will we be staying?
We'll spend five nights at Nazaki Beach Hotel, a beachfront property on Gan Island in Laamu Atoll, followed by three nights at Arena Beach Hotel, a beachfront property on Maafushi Island in Kaafu Atoll. Visit our Accommodation page for more details and photos.

Who will I share with?
You can share with someone you're travelling with, or we can match you with another guest of the same gender. Matching is subject to availability and suitable pairing.

Will I feel out of place travelling alone?
No. Most guests arrive not knowing anyone. There's a group chat before departure, a welcome dinner on arrival and a host whose job is making sure nobody is left standing on their own.

Do I need to be fit?
No. This is not a bootcamp. Movement sessions are optional and scaled — walk, swim, stretch, dance or sit it out with a coconut.

Can you cater for dietary needs?
In most cases yes — vegetarian, vegan, gluten-free and allergy requirements can usually be arranged with notice. Tell us on the booking form.

What if I'm not a strong swimmer?
You'll still get in the water. Floatation vests, noodles and in-water guides are available, and you can stay in shallow areas. Tell us your comfort level on the booking form.

Is travel insurance required?
Yes. All guests are required to arrange their own comprehensive travel insurance for the duration of the retreat. Travel insurance is not included in the retreat price.

Do I need a visa for the Maldives?
Most nationalities receive a free visa on arrival with a valid passport, onward ticket and accommodation confirmation. Always check the current rules for your passport.

What's the weather like in May?
Typically warm and bright with sea temperatures in the high 20s Celsius. Tropical showers are always possible and conditions can change quickly at sea.

What should I bring?
Light clothing, swimwear, a cover-up for local islands, reef-safe sunscreen, a hat, sandals and anything you like to move in. A full packing list is sent after booking.

How are excursions managed?
All ocean activities run with local licensed operators and guides. Activities may be changed or cancelled for safety when conditions require it.

What if I need to cancel?
Cancellations must be made in writing. The USD $400 deposit is non-refundable for a voluntary cancellation. If you cancel on or before 10 January 2027, other payments made may be refunded; from 11 January 2027 there is no standard refund. Your rights under Australian Consumer Law are not affected. See the Cancellation & Refund Policy for full details. Travel insurance is required.

Will I have signal?
Yes — WiFi is available at both properties and local SIM cards are easy to buy in Malé. Coverage on boats and sandbanks is limited, which is part of the point.

What money should I bring?
US dollars are widely accepted and cards work in most places. Bring some cash for small local purchases.

Can I drink alcohol?
The Maldives is a Muslim country and alcohol is not sold on local islands. Options are limited to licensed venues; we'll explain what's available.

What should I wear?
Swimwear is fine on designated tourist beaches and boats. In villages, shoulders and knees covered is respectful. Mal will guide you — it's easy once you know.

Will someone meet me at the airport?
Yes. You'll be met at Velana International Airport in Malé and looked after from there.

How to book

Book online at **resetmaldivesretreat.com/book**, choose your package and pay the USD $400 per person deposit. Your place is confirmed once your deposit has been verified.
Contact: contact@resetmaldivesretreat.com · WhatsApp +61 435 956 190

Reset Maldives Retreat is operated by Malzak Pty Ltd (ABN 84 689 374 614). Wildlife encounters depend on conditions and are never guaranteed. Booking terms are in draft pending legal review.